



### **This Week's**

#### **Share:**

- **Swiss Chard**
- **Salad Mix**
- **Arugula**
- **Kohlrabi**
- **Sunflowers**
- **Peas**
- **Cilantro or Dill**
- **Summer Squash**
- **Scallions**
- **Garlic Scapes**
- **Hakurei Turnips**
- **Broccoli**

#### **Coming Soon:**

- **Beets**
- **Fennel**

### **This Week's**

#### **Weather Notes:**

**Heavy rain just missed the farm. Hopefully we will get wet this week.**

### **Farmer Trish Takes a Hike**

As some members may already know, Farmer Trish is somewhere in Maine, hiking with the farmdog Juno and a human named Julie. It has been a lifelong dream of hers to hike the Appalachian Trail, so this summer, she is starting to realize that dream. She left Tuesday, June 27 for Millinocket, Maine and started what she hopes will be a 5-week hiking adventure that will bring her from Mount Katahdin in Maine to Mount Washington in New Hampshire. While she left here excited for a new adventure, Trish regrets that she'll be eating lots of dehydrated food and granola,, missing out on the wonderful spring greens of the farm. If you would like to send Farmer Trish some fresh treats, she plans to be visiting the Monson Post Office sometime around July 5. The address to send cookies and other treats to is Trisha Garland, c/o General Delivery, Monson, ME 04464. On your package, write, "Hold for A.T. Hiker." Please write Trisha Garland and not Farmer Trish, as she will need to present identification in order to accept packages and she has no official identification that says, "Farmer Trish."

### **Taking a Stand on Global Warming: From Conversation to Action**

If you watched An Inconvenient Truth and felt the need to do something...

If you take pride in standing up for your beliefs...

If you want to be part of a community effort that can really make a difference...

Then take part in the GLOBAL WARMING CAFÉ.

Because we have a lot to talk about...

We all now know that scientists overwhelmingly agree that human activity is dangerously warming the earth. Heat is being trapped in a layer of "green-house gases," including carbon dioxide, produced by the fossil fuels we use to drive our cars and heat our homes. We have barely begun to feel the consequences in the form of heat waves, more violent storms and the rise of sea levels.

But do you know that the typical U.S. household generates 55,000 pounds of CO2 annually... compared to only 27,000 pounds in Germany and a mere 15,000 pounds in Sweden?. There are many ways that we can lower our "carbon footprint." And it's easier if we all do it together. Come find out how!

**Free Workshop: Saturday, July 7, 1:30 – 5:30, at the Rochambeau Library**